



CELEBRATE RECOVERY

Recognizing the Problem:

If you find you cannot quit drinking, using, or you have little control over the amount you consume, you are probably an alcoholic and/or an addict. If that is the case, you may be suffering from a problem which only a spiritual solution will conquer.

If you are an alcoholic or addict, there is no "middle of the road" solution. You have but two alternatives:

- 1 Continue on as you are.
- 2 Accept Jesus Christ as your Higher Power and move toward a better life.

Identifying/Symptom Checklist:

- Have you ever decided to stop drinking and/or using for a week, but your abstinence lasted for only a couple of days?
- Do you wish people would mind their own business about your drinking and/or using?
- Have you ever switched from one kind of drink or drug to another in the hope that this would keep you from losing control?
- Have you had to have an "eye-opener" upon awakening during the past year?
- Do you need a drink or drug to get started or to stop shaking?
- Do you envy people who can drink or use drugs without getting into trouble?
- Have you had problems connected with drinking or using during the past year?
- Has your drinking or using caused trouble at home?

- Do you ever try to get "extra" drinks or drugs at a party because you did not get enough?
- Do you tell yourself you can stop drinking or using anytime you want to, even though you keep getting inebriated?
- Have you missed days of work or school because of drinking or using?
- Do you have "blackouts"?
- Have you ever felt that your life would be better if you did not drink or use?

What is your score?

Did you check at least two boxes? If so, you may have a chemical dependency problem.

The Solution

Join us Tuesday and Friday nights at 7:00 pm to delve into these issues and begin to celebrate God's healing power through the Christ-centered 12 steps and the Eight Recovery Principles.

By working through the Eight Recovery Principles found in the Beatitudes with Jesus Christ as your Higher Power, you can and will change! You will begin to experience the true peace and serenity you have been seeking, and no longer rely on your dysfunctional, compulsive, and addictive behaviors as a temporary "fix" for your pain.

By applying the Biblical principles of conviction, conversion, surrender, confession, restitution, prayer, quiet time, witnessing, and helping one another – which are found in the Eight Principles and the Christ-centered 12 steps – you will restore and develop stronger relationships with others and with God.

For more information, please contact:

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